

**Basic Disaster Supplies Kit**  
<https://www.ready.gov/kit>

To assemble your kit, store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag.

- ✓ Water (one gallon per person per day for several days, for drinking and sanitation)
- ✓ Food (at least a several-day supply of non-perishable food)
- ✓ Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- ✓ Flashlight
- ✓ First aid kit
- ✓ Extra batteries
- ✓ Whistle (to signal for help)
- ✓ Dust mask (to help filter contaminated air)
- ✓ Plastic sheeting and duct tape (to shelter in place)
- ✓ Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- ✓ Wrench or pliers (to turn off utilities)
- ✓ Manual can opener (for food)
- ✓ Local maps
- ✓ Cell phone with chargers and a backup battery

Consider adding the following items to your emergency supply kit based on your individual needs:

- ✓ Soap, hand sanitizer and disinfecting wipes to disinfect surfaces
- ✓ Prescription medications.
- ✓ Non-prescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives
- ✓ Prescription eyeglasses and contact lens solution
- ✓ Infant formula, bottles, diapers, wipes and diaper rash cream
- ✓ Pet food and extra water for your pet
- ✓ Cash or traveler's checks
- ✓ Important family documents such as copies of insurance policies, wills, POAs, identification and bank account records saved electronically or in a waterproof, portable container
- ✓ Sleeping bag or warm blanket for each person
- ✓ Complete change of clothing appropriate for your climate and sturdy shoes
- ✓ Fire extinguisher
- ✓ Matches in a waterproof container
- ✓ Feminine supplies and personal hygiene items
- ✓ Mess kits, paper cups, plates, paper towels and plastic utensils
- ✓ Paper and pencil
- ✓ Books, games, puzzles or other activities for children

After assembling your kit remember to maintain it so it's ready when needed:

- Keep canned food in a cool, dry place.
- Store boxed food in tightly closed plastic or metal containers.
- Replace expired items as needed.
- Re-think your needs every year and update your kit as your family's needs change.

#### Kit Storage Locations

- Home: Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.
- Work: Be prepared to shelter at work for at least 24 hours. Your work kit should include food, water and other necessities like medicines, as well as comfortable walking shoes, stored in a "grab and go" case.
- Car: In case you are stranded, keep a kit of emergency supplies in your car.